

Home and Community-Based Services Waivers: Factsheet & Resources



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HCBS Waivers

Home and community-based services (HCBS) waivers were introduced by The Centers for Medicare and Medicaid Services (CMS). HCBS waivers provide person-centered support to individuals with disabilities. The support is to be delivered in a person's home and community.

The Final Settings Rule

The Final Settings Rule was issued in 2014 to enhance the quality of HCBS waivers. CMS outlines 12 settings characteristics that providers must follow to be in compliance with the Settings Rule. They include, but are not limited to, an integrated setting, a setting on the person's choice, and a setting that facilitates the person's independence. As a DSP, it is your duty to support people to live independently and understand their rights according to the Final Settings Rule.

Person-Centered Support

Every individual receiving HCBS is required to have a person-centered support plan (PCSP). A PCSP will be written during a person-centered planning (PCP) meeting. This will be done with the individual's support coordinator, the individual, and anyone else the person identifies as necessary to be at the meeting (i.e., a guardian, day program manager, DSP, friend, partner, etc.). The PCSP will outline the person's goals, strengths, interests, needs, and wants. As a DSP it's important for you to follow a person's PCSP as you support them to learn skills in their community.

Your Role as a DSP

As a DSP it is your role to support individuals with disabilities. Supporting people who receive HCBS means supporting them in their homes and community. You are responsible to teach the people you support skills in the community that align with their PCSP. As you teach these skills you need to collect data. Data collection allows for the person, their support coordinator, program managers, and DSPs to recognize the progress the person is making towards their goals. When a person reaches their goal, new goals can be added to their PCSP and the support you give will change to align with it.

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HCBS and The Final Settings Rule Resources



Settings Rule (1)



Settings Rule (2)



HCBS

Person-Centered Support Resources



DSPD



LifeCourse Framework



CEI Webinars

Video Resources



Training Manual

