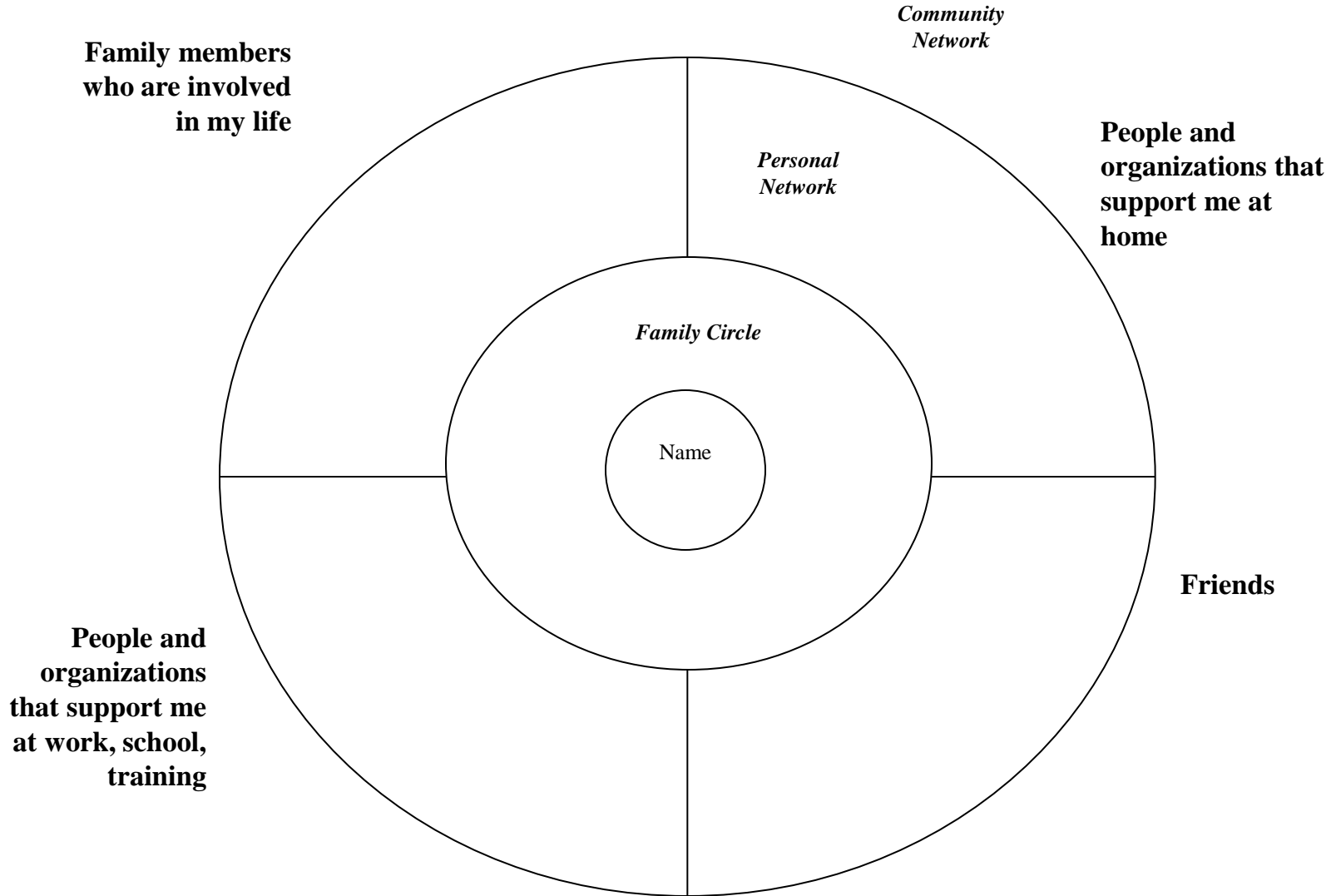


# Person-Centered Planning Relationship Map



✓ FAMILY CIRCLE

Name the people you love most and who love you most in the center circle, the place of family life - people you trust the most, who know you best, who love and care about you.

✓ PERSONAL NETWORK

Family, friends, neighbors, classmates, co-workers, church members, helpful teachers (or other paid people).

People you rely on, with whom you exchange friendship and concern, triumphs, struggles, mutual interests.

✓ COMMUNITY NETWORK

Acquaintances, friends from the past, people who you mostly greet or acknowledge as part of your community life.

### **Instructions for Completing your Relationship Map:**

1. Write each person's name you know and care about on the map.

Indicate the nature of the relationship by your placement. ie: family, home support, work/school support, or friends

2. Indicate intensity & strength of the relationship by writing the name closer to the center. Highlight people in yellow who might be involved in your support circle.

3. Look at your map. What do you notice? Do you see any patterns or themes?

*Credit: adapted from training developed by Georgia State University's  
Center for Leadership In Disability*